

Good afternoon colleagues,

We recognize that due to COVID-19 many psychologists are rapidly moving to deliver professional services through telehealth. APA is here to support you during this emergency and are working 15+ hour days to develop resources for practice, and to advocate for telehealth access and reimbursement.

We are partnering with state associations to advocate with Medicare, Medicaid, and commercial payors. More information will be forthcoming on that effort soon.

APA has quickly developed new resources that psychologists can use for telehealth. These were finalized late last night, and I wanted to make them available to you ASAP. They are attached for your immediate use:

1. Informed Consent Telepsychology checklist. (For use in your clinical record. Please add your own letterhead.).
2. Office & Technology Preparation Checklist. (For reference to prepare your office and practice for telehealth.).

These documents have been reviewed by several practicing psychologists and attorneys. We hope they will be helpful. Please disseminate far and wide – to professional lists, APA/Division/SPTA members and nonmembers, system administrators, community leaders, social media, etc.

Because psychologists are leaders in health and mental health, we will offer these resources to our partner associations in social work, psychiatry, counseling, etc. to benefit their providers and the communities they serve too.

To learn more about telepsychology practice, consider the online CE course: [Telepsychology Best Practice 101 Webinar Series](#). For help choosing a telehealth platform, see the free online article, [“Comparing the Latest Telehealth Solutions.”](#)

Best Regards,

Jared L. Skillings, PhD, ABPP

Chief of Professional Practice, American Psychological Association Services

Board-certified in Clinical, Clinical Health, and Behavioral & Cognitive Psychology

Certified Black Belt, Six Sigma Process Improvement

202-336-5913 | JSkillings@apa.org | Twitter: @JLSkillings | [Linkedin.com/in/jlskillings](https://www.linkedin.com/in/jlskillings)